

# Enough | Living From... | Discussion Guide - *Colossians 3:1-11*

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*Living as a Christian changes our identity, but it doesn't usually happen overnight. Try these three steps if you're struggling.*

Have you ever felt guilty about how your lifestyle doesn't match up with the faith in Christ you possess? Believe it or not, you already have a new identity in Jesus by your faith alone. Just like only Jesus could forgive us, only he can [make us into the people he's creating us to be](#).

**Colossians 3:1-3** *Since you have been raised to new life with Christ, set your sights on the realities of heaven, where Christ sits in the place of honor at God's right hand. Think about the things of heaven, not the things of earth. For you died to this life, and your real life is hidden with Christ in God.*

We are "not guilty" in God's eyes because of Jesus. Here's how to start truly living like it:

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## #1 Stop Looking Down for the Answers

We try to find our identity in our marriages, our grades, our work, or something else. This will fail every time.

**Colossians 3:5a, 7** So put to death the sinful, earthly things lurking within you.... You used to do these things when your life was still part of this world.

The real answer to who we are starts and ends in heaven, and it is *safeguarded* there with Jesus ([Colossians 3:3](#)). On that basis, we can and should put to death our old habits and lifestyle.

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## #2 Put to Death Your Old Life Without Jesus

God's not going to put to death our old lives for us. He's given us everything we need to do that and he's with us every step of the way, but we have to want to put to death our sinful nature and our old habits, and we have to actually do something about it.

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## #3 Put on Your New Life with Jesus

The third step to embracing our true identity is positive and practical: embracing the truth of who we are in him and what he's done for us.

**[Colossians 3:10](#)** Put on your new nature, and be renewed as you learn to know your Creator and become like him.

We have to intentionally choose to “put to death” old habits every day, and we have to intentionally choose to “put on” our new life with Jesus every day. (The [Greek word](#) is about “putting on” clothes. Just like you should be changing your clothes daily, you should be putting on a fresh pair of “Jesus slacks” daily.)

*[\[Related: Your Identity in Christ\]](#)*

Through personal prayer and devotion, meditating on God’s word, worship, small groups, serving, and mentoring, you can “put on” your identity in Jesus daily.

*Article for this topic by Daniel Martin.*

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## Talk About It

1. *What is your initial reaction to this topic? What jumped out at you?*
2. *For those of you who wear glasses-how did you come to realize you needed glasses?*
3. *Read [Colossians 3:1-4](#) and share why you think God wants us to set our sights on God and heaven and not of the things on the earth? How come it is so easy to forget about heaven?*
4. *Make a list of where you think that most people go first to get help. Then Read [Psalm 121:1-2](#) and share where the psalmist thinks we need to go and why.*
5. *Read [Colossians 3:5-9](#) and share from this list why it is so difficult to stop these actions.*
6. *Share what you think about this quote by John Owens, “Be killing sin or sin will be killing you.”*
7. *Consider the [10 sinful responses to sin](#). Which one best describes your typical response to sin, and why?*
8. *Read [Colossians 3:10](#). By putting on your new identity in Christ, you also put on his new power and presence in your life. Why do you think this is so important for the Christian?*
9. *Write a personal action step based on this conversation.*